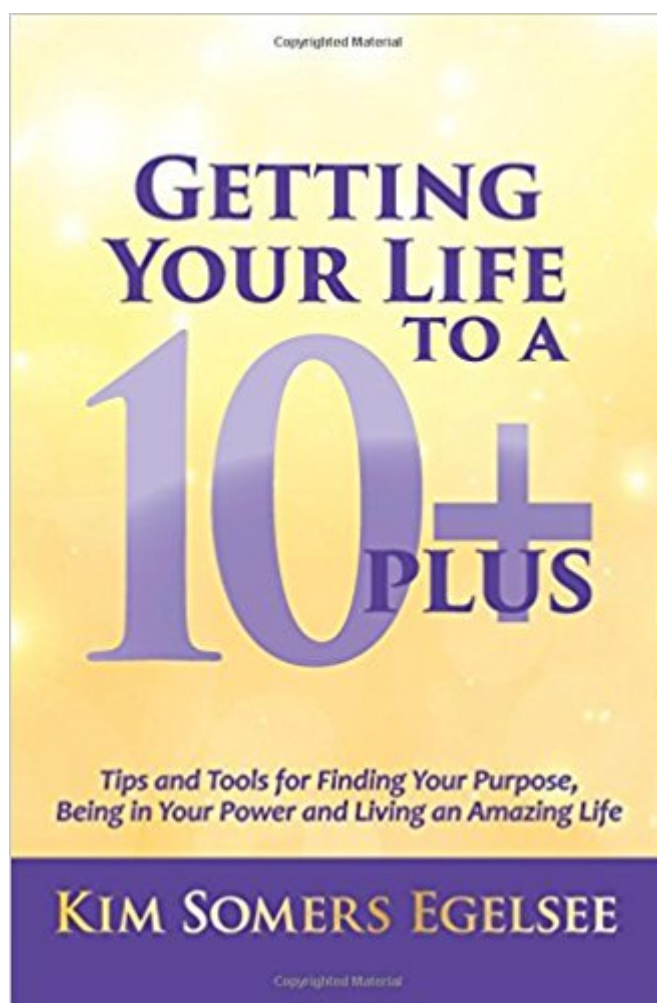


The book was found

Getting Your Life To A 10 Plus: Tips And Tools For Finding Your Purpose, Being In Your Power And Living An Amazing Life



Synopsis

Getting Your Life to a Ten +; Tips and Tools for finding your purpose, being in your power and living an amazing life is a powerful "how to" book for anyone wanting more happiness, success, and balance in their life. This book gives you the wisdom, stories, and exercises that guide you into self exploration and positive powerful ways to change your life right away. Most people have had life's circumstances such as a broken heart, a lost job, an argument, a failed exam, or even abuse that created walls around their true selves. Your heart is your true self. Imagine a photo of you. You can see your true positive powerful loving self in there, but it may have layers covering up some of the power; maybe covered with baggage through the years. The goal in working on yourself is to add positive effective pressure to shed those layers, so that your true self radiates out in full strength and confidence. Pretty soon you can see this picture of yourself without the walls and layers, and you look much brighter and very impressive. Many of us are confused as to how to get to all of these things. Well, it all begins with a commitment to work on ourselves. Some of us get so caught up in daily life that it can become robotic and monotonous. There has to be a way to shift out of this, make some amazing changes, and move forward with enthusiasm. The good news is that there are numerous ways. Sometimes, one small shift and your entire life can change in enormous fantastic ways. So get ready! "Gold can often be found in your own backyard, gifts found in your own heart, and diamonds within your own mind." Having a life in balance is the key to happiness, peace and success. If you can say that you have harmony in all areas of your life, it is almost 100% guaranteed that you will feel more empowered, free and happy. Extraordinary even. This means that you know your true self. You have control over your ego and you're aligned with your life purpose. To achieve this and to feel this way, start by rating everything important in your life on a scale from one to ten, everything should be rated at least a ten. This includes: relationships, social life, career or life purpose, finances, spirituality, recreational activities, health and wellness. Once you get your life to a 10, you can keep growing, and get your life to a 13 or a 20. Getting your life to a 10 Plus is truly possible for anyone and everyone and so worth it. This book takes you there, shows you how, and really teaches you to get your life to an extraordinary level in every way.

Book Information

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Customer Reviews

Kim Somers Egelsee is an award winning inspirational speaker, T.V. host, life coach, hypnotherapist, NLP practitioner, Pranic healer, host, author and columnist. She specializes in helping people get every area of their lives to a "ten plus", exude confidence and discover their life's purpose. Kim has a degree in Speech Communication and credentials in Educational Psychology with over 8 years experience life coaching, over 12 years in the field of special education with both children and adults with an emphasis on behavior modification, and is also a SAG member and has worked in the entertainment industry for over 18 years hosting, acting and producing. Kim is the founder of Willow Tree Women's Circle L.A. and O.C., co-hosts Samira's Show, an inspiring talk show that airs to over 150 million globally, has appeared on numerous TV and radio shows, including her own web series with Hallmark Channel's Spirit Clips, and writes for several newspapers and magazines

It only took me an hour to read this inspiring book and then another hour to do the thought provoking exercises to see where in my life I am holding back and how to move forward. Thank you Kim for writing a great book ! I loved it and highly recommend it to everyone that wants to live their life at a 10+. Kim is also an excellent speaker !

Easy reading but strong message.

Kim does a wonderful job of making it all make sense. Insightful and delightful with common sense and you will be on your way to finding your purpose and living your amazing dreams. Nickie

Kim is the best

This book is life-changing. The stories truly helped me see myself. Easy to follow exercises to get your life to a 10+.

Kim Somers Egelsee has written a very effective and heart-based book about how to live your best life. As Kim is a very authentic person, her book reflects her authenticity as she leads by example and shares her techniques so we can all live a life on purpose, in a state of personal empowerment, positivity and always a 10+!!

I really enjoyed reading Getting your life to a Ten + by Kim Somers Eglesee. This book is a quick read, gets to the point, well structured, organized, and clear. It follows through with what it promises. The activities, and techniques keep me interested since I am generally not much of a book reader. It is filled with valuable information and tips on taking action and creating an amazing life! I highly recommend it!

Valuable tips, intriguing exercises and doable activities will help you get clear and strong about your life purpose. Reading this book will make you feel empowered, confident and in charge of your own destiny. Living your life's purpose is achievable! Getting Your Life to a 10 Plus: Tips and Tools for Finding Your Purpose, Being in Your Power and Living an Amazing Life

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